



Alcohol doesn't control me. Why would I smoke?

# TOBACCO? I DON'T THINK SO.

The best way to avoid addiction to tobacco is to never start using it in the first place.



FOR MISSISSIPPIANS WITH DISABILITIES



THE UNIVERSITY OF SOUTHERN MISSISSIPPI

Institute for Disability Studies

**Mississippi**  
**tobaccoQUITLINE**  
**1.800.QUITNOW**  
[WWW.QUITLINEMS.COM](http://WWW.QUITLINEMS.COM) 1.800.784.8669

AA/EOE/ADA